The ChalleNGerx

Class 2-24 Issue 3 08/30/2024-09/19/2024







www.wvchallenge.org

CADET OF THE DAY

Madison Young
Jeremiah Nicholas
Seth Jones
Hunter Evix
Royce Dawson
Xander Ball
Aiden Nottingham
Roy Clayton
Rayce Turner
Tristan Matlick
Ayden Vilone
Ethan Hunter

3rd PROGRESS REPORT AWARD WINNERS



DIRECTOR'S AWARD LEADERSHIP AWARD PHYSICAL TRAINING AWARD

Nicholas Kemper of Kanawha County Simon Trembly of Preston County Alexander McPherson of Berkeley County

OVERALL <u>MOST IMPROVED</u>

Alexander McPherson

ACADEMIC MOST IMPROVED

Aiden Nottingham

PT MOST IMPROVED

Hallie Rose

INSTRUCTOR'S LIST

Roy Clayton Madison Cox
Royce Dawson Ethan Hunter
Kaitlyn Martin Tristan Matlick
Gage McCullough Jeremiah Nicholas
Jacob Stokes Brayden Stonebraker
Rayce Turner Rosemary Wilkinson

Honor's List

Jennings Fulknier Tyler Nieberlein Mason Stiefel Jacob Stokes Ayden Vilone Donovan Yates

HIGHEST ACADEMIC POINTS

Rosemary Wilkinson

LEVEL ONE PT

Broderick Bailey Roy Clayton Nicholas Kemper Alexander McPherson Aiden Nottingham Jacob Stokes Madison Young

CADRE DISTINCTION AWARD

Tristan Matlick

LEADERSHIP APPOINTMENTS

Corps Commander

Nicholas Kemper

Assistant Corps Commander:

Simon Trembly

Platoon Leaders:

Roy Clayton

Ethan Hunter

Genevieve Lowthorp

Lakyn Nottingham

Rayce Turner

Assistant Platoon Leaders:

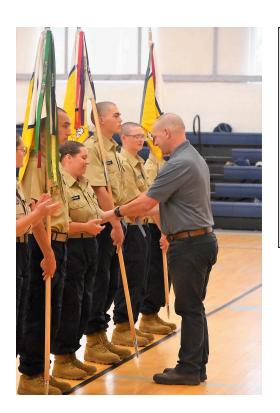
William Allen Zachary Greer Gage McCullough Aiden Nottingham

Ayden Vilone









FAIRNESS RIBBON

All Cadets who completed the Third Progress Report received the Fairness Ribbon. The orange ribbon represents the need to play by the rules, be opened minded, do not take advantage of others and do not blame others carelessly. Treat all people fairly. Do what is right not what your friends do. Be a leader not a follower.

SCHEDULE OF EVENTS

10/07 GED Pretest Starts

10/08 Chamber of Commerce (S2C)

10/12 Apple Butter (S2C)







IMPORTANT INFORMATION

- 1. Cadets get nervous and stressed at test time. Encourage them to work in their workbooks. This is a positive way to focus their energy. GED Tests are just around the corner.
- 2. Keep your Cadets supplied with stamps.
- 3. Do NOT encourage your Cadet to become involved in a "romantic" relationship with another Cadet. It only leads to broken hearts and D-Squad.
- 4. Graduation for Class 2-2024 will be held in the Multi-Purpose Building at Camp Dawson. Cadets are limited to TEN (10) guests. No exceptions. Graduation Guest List forms are to be returned by Tuesday, Dec. 4, 2024. Look for these forms and more information with Progress Report 4

NOTE: Children of any age are to be counted as part of the 10 guests.

MCA Requests Your Help

Now is the time for Cadets to formulate their Post Residential Action Plan. They have been developing S.M.A.R.T. goals for their year following MCA graduation. Goals must be Specific, Measurable, Attainable, Realistic, Time Bound. (See your handbook for more details).

How can you help? Talk to your Cadet about these details. Are they Realistic? Can you support these goals? It's time for a reality check.

This is a team effort. Parents, family members, MCA Staff and Cadets all want MCA Program Graduates to be successful, contributing members of society as a student, volunteer or member of the workforce. Help us validate the PRAP's by talking to your Cadet or their RPM Assistant.







Class 1-25N is now forming! Tell them or their family to call 1-800-529-7700

COULD BENEFIT FROM THE MCA





Did You Know?

- Cadets are served poultry, fish and/or beans nearly every day to ensure they get an adequate dose of protein. Protein is essential for healthy growth, muscle building and strong immune systems.
- Cadets often have the option to grab a kiwi with their lunch or dinner. Kiwis are a good source of potassium, which keeps Cadets' hearts beating
- Sweet potatoes are served to the Cadets in a variety of ways. Sweet potatoes have twice the amount of fiber as regular potatoes. Fiber aids in digestive health.
- The Cadets completed a Nutrition Class, in which they learned details of each food group, how to read a nutrition label and tips on living a healthy, fit lifestyle after MCA. Check out www.myplate.gov to learn more.



