

The Challenge★

Class 1-23, Issue 3

03/03/2023-03/23/2023



www.wvchallenge.org

CADET OF THE DAY

3/03	Carl Wright
3/06	William Sawyer
3/07	Breanna Phillips
3/08	Samuel Williams
3/09	Emma Garrison
3/10	Caden Sheppard
3/13	Juanita McKown
3/14	Shawn McVey
3/15	Braedon White
3/16	Ariel Gibson
3/17	Breanna Phillips
3/20	Xavier Davis
3/21	Adisson Layman
3/22	Austin White
3/23	Jonathan White

LEVEL ONE PT

Erik Farkas
David Gayheart
Chad Parish
Breyanna Phillips
Carl Wright

CADRE DISTINCTION AWARD

Breyanna Phillips

3rd PROGRESS REPORT AWARD WINNERS

HONOR PLATOON 3rd Platoon

DIRECTOR'S AWARD
LEADERSHIP AWARD
PHYSICAL TRAINING AWARD

Erik Farkas of Preston County
Izabella Hebb of Monongalia County
Breyanna Phillips of Raleigh County

OVERALL MOST IMPROVED

Grace Walsh

ACADEMIC MOST IMPROVED

Zerion Hanshaw

PT MOST IMPROVED

Sean Stapel

INSTRUCTOR'S LIST

Tony Brewer	George Cain
Justice Carr	Michael Clark
Texas Clayton	Bryce Fitzsimmons
Kylee Godfrey	Juanita McKown
Mikayla Moore	Dakota Nutt
Breanna Phillips	Caden Sheppard
DeAngelo Turner	Austin White
Samuel Williams	

HIGHEST ACADEMIC POINTS

Erik Farkas

S2CAWARD

Dylan Anderson	Justice Carr
Texas Clayton	Breyanna Phillips
Charles Rico	William Sawyer
Sean Stapel	DeAngelo Turner
Jonathan White	Alyssa Young

Commandant's Cup

Honor Guard for Retiree Appreciation Day

Dylan Anderson	Malachi Parker
Caden Sheppard	Sean Stapel

Honor's List

Bryce Fitzsimmons
Madison Hunt
Dakota Nutt

LEADERSHIP APPOINTMENTS

Corps Commander

Erik Farkas

Assistant Corps Commander:

Izabella Hebb

Platoon Leaders:

Dylan Anderson

Madison Hunt

Chad Parish

Austin White

Assistant Platoon Leaders:

Bryce Fitzsimmons

Adisson Layman

Breyanna Phillips

Samuel Williams



MENTORSHIP AWARD

Nicholas Blankenship	Breanna Blevins	George Cain	Tevin Campbell
Justice Carr	Traijon Cather	Maria Celis	Isaiah Chaney
Michael Clark	Texas Clayton	Gina Daidone	Xavier Davis
Cannan Duckworth	Erik Farkas	Emma Garrison	David Gayheart
Ariel Gibson	Kylee Godfrey	Brylan Goodnow	Zerion Hanshaw
Izabella Hebb	Camryn Holbert	Lucas Hoylman	Preston Hubbell
Dewaine Jones	Dylan Jones	Preston Lenegir	Forrest Lewis
Leah Losh	Thomas Maguire	Arthur Matthews	Juanita McKown
Shawn McVey	Elijah Moore	Mikaylah Moore	Dakota Nutt
Ariyan Parikh	Chad Parish	Malachi Parker	Elizabeth Rennie
Charles Rico	Evan Riffle	Austin Saunders	William Sawyer
Deanna Shade	Katlynn Shawver	Caden Sheppard	Jaydon Smith
Johnathan Thomerson	Grace Walsh	Austin White	Braedon White
Jonathan White	Caleb Williams	Samuel Williams	Erick Wooten
Carl Wright	Malachi Wycoff		

FAIRNESS RIBBON

All Cadets who completed the Third Progress Report received the Fairness Ribbon. The orange ribbon represents the need to play by the rules, be opened minded, do not take advantage of others and do not blame others carelessly. Treat all people fairly. Do what is right not what your friends do. Be a leader not a follower.

SCHEDULE OF EVENTS

4/06 Begin First Leave
4/10 End First Leave
4/13 End Progress Report 4
4/21 PR 4 Awards Ceremony

IMPORTANT INFORMATION

1. Cadets get nervous and stressed at test time. Encourage them to work in their workbooks. This is a positive way to focus their energy. Hi-SET Tests are just around the corner.
2. Keep your Cadets supplied with stamps.
3. Do NOT encourage your Cadet to become involved in a "romantic" relationship with another Cadet. It only leads to broken hearts and D-Squad.
4. Graduation for Class 1-2023 will be held in the Multi-Purpose Building at Camp Dawson. Cadets are limited to SIX (6) guests. No exceptions. Graduation Guest List forms are to be returned by Tuesday, May 30, 2023. Look for these forms and more information with Progress Report 4 mailing.

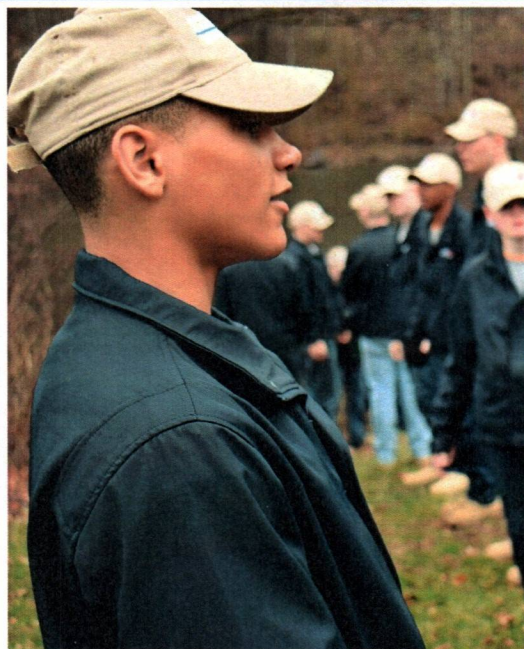
NOTE: Children of any ages are to be counted as part of the 6 guests. Mentors will be allowed to attend and will not be counted as part of the 6 guests.

MCA Requests Your Help

Now is the time for Cadets to formulate their Post Residential Action Plan. They have been developing S.M.A.R.T. goals for their year following MCA graduation. Goals must be Specific, Measurable, Attainable, Realistic, Time Bound. (See your handbook for more details).

How can you help? Talk to your Cadet about these details. Are they Realistic? Can you support these goals? It's time for a reality check.

This is a team effort. Parents, family members, Mentors, MCA Staff and Cadets all want MCA Program Graduates to be successful, contributing members of society as a student, volunteer or member of the workforce. Help us validate the PRAP's by talking to your Cadet or their RPM Assistant.



DO YOU KNOW A TEEN WHO COULD BENEFIT FROM THE MCA?

Class 2-23 is now forming!
Tell them or their family to call
1-800-529-7700

Did You Know?

- Cadets are served poultry, fish and/or beans nearly every day to ensure they get an adequate dose of protein. Protein is essential for healthy growth, muscle building and strong immune systems.
- Cadets often have the option to grab a kiwi with their lunch or dinner. Kiwis are a good source of potassium, which keeps Cadets' hearts beating strong.
- Sweet potatoes are served to the Cadets in a variety of ways. Sweet potatoes have twice the amount of fiber as regular potatoes. Fiber aids in digestive health.
- The Cadets completed a Nutrition Class, in which they learned details of each food group, how to read a nutrition label and tips on living a healthy, fit lifestyle after MCA. Check out www.myplate.gov to learn more.