3rd PROGRESS REPORT AWARD WINNERS

HONOR PLATOON
1st Platoon

DIRECTOR’S AWARD
David Merrill of Kanawha County
LEADERSHIP AWARD
Micah Burroughs of McDowell County
PHYSICAL TRAINING AWARD
Alan Sanders of Harrison County

OVERALL MOST IMPROVED
Matthew Wright
ACADEMIC MOST IMPROVED
Colton Drummond
PT MOST IMPROVED
Rebekah Skeens
DISTINCTION AWARD
David Merrill

HIGHEST ACADEMIC POINTS
Alison Hanshaw

LEADERSHIP APPOINTMENTS

Corps Commander:
David Merrill
Assistant Corps Commander:
Micah Burroughs
Platoon Leaders:
Damian Bailey
Yasmin Cummings
Alison Hanshaw
Sophie Neice
Alan Sanders
Baylii Yates
Assistant Platoon Leaders:
Elijah Arden
Noah Davis
Adam Fuller
Steven McPhail
Hannah Sizemore
Diamond Tichnell

S2C Award
Bryce Bennett
George Burgess
Danny Hedrick
Justice Lephew
Trevor Musick

HONOR’S LIST
Kedric Branford
Nevaeh Cogar
Curtis Costello
Sierra Nazelrod

INSTRUCTORS LIST
Damian Bailey
Nathaniel Bedilion
Aurora Brown
Dakota Cain
Cainan Cales
Ariah Church
John Cline
Curtis Costello
Yasmin Cummings
Brian Denson
Colton Drummond
Austin Ferraro
Sahara Findley
Adam Fuller
Zackery Gangwer
Zachary Grimmett
Alison Hanshaw
Jacob Hendrick
Kevin Kerns
Justice Lephew
Robert Matheney
Steven McPhail
David Merrill
Sophie Neice
Aiden Roberts
Jacob Shepherd
Hannah Sizemore
Elijah Stiltnor
Meghan Thompson
Diamond Tichnell
Cora White
Lauryn Wyman
Baylii Yates

CADET OF THE DAY

Mar 1 Trey Vierling
Mar 4 Dakota Hurst
Mar 5 Curtis Costello
Mar 6 Trevor Musick
Mar 7 Hunter Edwards
Mar 8 Ashaureah Simon
Mar 11 Hannah Sizemore
Mar 12 Amber Dillon
Mar 13 Daniel Wilcox
Mar 14 Nathaniel Bedilion
Mar 15 William Cross
Mar 18 Adam Fuller
Mar 19 Jacob Swick
Mar 20 Dylan Lessen
Mar 21 Sierra Nazelrod

LEVEL ONE PT
Daniel Bird
Micah Burroughs
Adam Fuller
Kiasia Hall

Rico Rivera
Alan Sanders
Slade Smith
Brandon Wilber
### MENTORSHIP AWARD

<table>
<thead>
<tr>
<th>Jacob Adkins</th>
<th>Natalie Carte</th>
<th>Lucian Grayson</th>
<th>Dylan Legg</th>
<th>Alan Sanders</th>
<th>Meghan Thompson</th>
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<tbody>
<tr>
<td>Elizabeth Arden</td>
<td>Hunter Cecil (2)</td>
<td>Zachary Grimmelott</td>
<td>Justice Lephew</td>
<td>Jayden Santos</td>
<td>Diamond Tichnell</td>
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<td>Ryan Attterson (2)</td>
<td>Curtis Chandler</td>
<td>Ethan Hackman</td>
<td>Dylan Lessen</td>
<td>Saige Sestak</td>
<td>Ashton Tuel</td>
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<td>Noah Banks</td>
<td>Ethan Click</td>
<td>Ashton Hanks</td>
<td>Skyler Lewis</td>
<td>Tate Shaffer</td>
<td>Trey Vierling</td>
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<td>Nevaeh Cogar</td>
<td>Alison Hanshaw</td>
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<td>Saige Weaver</td>
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<td>Stormy Bolyard</td>
<td>Yasmin Cummings</td>
<td>Tiana Harvey</td>
<td>Tina McCormick</td>
<td>Gavan Simmons</td>
<td>Chasity West</td>
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<td>Mykineze Higgins</td>
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<td>Kedric Branford (2)</td>
<td>Rachel Davidson</td>
<td>Johnathan Hull</td>
<td>Seth Moore</td>
<td>Jared Simpson</td>
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<td>Tavion Dawson</td>
<td>Brandon Hunter</td>
<td>Blaine Munson</td>
<td>Benjamin Sizemore</td>
<td>Andrew Wilson</td>
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<td>Aurora Brown</td>
<td>Brandon Dean</td>
<td>Dakota Hurst</td>
<td>Trevor Muskic</td>
<td>Joshua Skinner(3)</td>
<td>Jaron Wine</td>
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<td>Amber Dillon</td>
<td>Aryan Jewell</td>
<td>Alexis Nichols</td>
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<td>Micah Burroughs</td>
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<td>Dakota Cain</td>
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### Important Information

1. Cadets get nervous and stressed at test time. Encourage them to work in their workbooks. This is a positive way to focus their energy. TASC Tests are just around the corner. Encourage them to work in their workbooks.

2. Keep your Cadets supplied with stamps.

3. Do NOT encourage your Cadet to become involved in a “romantic” relationship with another Cadet. It only leads to broken hearts or D-Squad.

4. Graduation for Class 1-19 will be held in the Multi-Purpose Building at Camp Dawson. Cadets are limited to SIX (6) guests. No exceptions. Graduation Guest List forms are to be returned by Tuesday, May 28, 2019.

**Note:** Children of any age are to be counted as part of the 6 guests. One Mentor only will be allowed to attend that will not be counted as part of the 6 guests.

### MCA Requests Your Help

Now is the time for Cadets to formulate their Post Residential Action Plan. They have been developing S.M.A.R.T. goals for their year following MCA graduation. Goals must be Specific, Measurable, Attainable, Realistic, Time Bound. (See your handbook for more details).

How can you help? Talk to your Cadet about these details. Are they Realistic? Can you support these goals? It’s time for a reality check.

This is a team effort. Parents, family members, Mentors, MCA Staff and Cadets all want MCA Program Graduates to be successful, contributing members of society as a student, volunteer or member of the workforce. Help us validate the PRAP’s by talking to your Cadet or their RPM Assistant.

### FAIRNESS RIBBON

All Cadets who completed the Third Progress Report received the Fairness Ribbon. The orange ribbon represents the need to play by the rules, be opened minded, do not take advantage of others and do not blame others carelessly. Treat all people fairly. Do what is right not what your friends do. Be a leader not a follower.

### SCHEDULE OF EVENTS

- **04/11** 4th Grading Period Ends
- **04/16** Class 2-19 Orientation
- **04/17** Class 2-19 Orientation
- **04/19** PR 4 Awards Ceremony
- **04/22** Cadet Hair Cuts
- **04/23** Cadet Hair Cuts
- **04/23** TASC Test – Writing

### Did You Know?

- Cadets are served poultry, fish and/or beans nearly every day to ensure they get an adequate dose of protein. Protein is essential for healthy growth, muscle building and strong immune systems.
- Cadets often have the option to grab a kiwi with their lunch or dinner. Kiwis are a good source of potassium, which keeps Cadets’ hearts beating strong.
- Sweet potatoes are served to the Cadets in a variety of ways. Sweet potatoes have twice the amount of fiber as regular potatoes. Fiber aids in digestive health.
- The Cadets completed a Nutrition Class, in which they learned details of each food group, how to read a nutrition label and tips on living a healthy, fit lifestyle after MCA. Check out www.myplate.gov to learn more.

### DO YOU KNOW A TEEN WHO COULD BENEFIT FROM THE MCA?

Class 2-19 is now forming!

Tell them or their family member to call 1-800-529-7700